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# Global bioethics: perspectives and challenges in the post-pandemic era

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## Covid-19 pandemic as a global phenomenon

• worldwide: affecting the entire planet

• *broad*: not only medical and virological but social, economic, political and philosophical

same characteristics as **global** bioethics

planetary scope

encompassing framework

#### Global bioethics: perspectives and challenges in the post-pandemic era

- 1. Surge of ethical research and publications
- 2. The pandemic experience
  - connectedness
  - differential vulnerability
  - unexpectedness and unpreparedness
- 3. Framing ethical discourse
  - exceptionality
  - controllability
  - binarity
- 4. The framework of global bioethics
  - relationality
  - individual versus common interests
  - solidarity
  - global bioethics is social ethics
- 5. Conclusion

## Boom of ethics publications (PubMed search July 1, 2021)

'ethics & Covid-19'	2019	3
	2020	2,525
	2021 first half	1,729

'Covid-19 & global bioethics'	2020	63	
	2021	60	

#### Critical reflection on bioethics in the pandemic

Chadwick, R. 2020. Covid-19 and the possibility of solidarity. *Bioethics* 34 (7): 637.

Cohen, J. 2020. Individual freedom or public health? A false choice in the Covid era. The Hastings Center, June 9

Fins, J. J. 2020. Covid-19 makes clear that bioethics must confront health disparities. *The Hastings Center*, July 9

Gostin, L. O., S. Moon, and B. M. Meier. 2020. Reimagining global health governance in the age of Covid-19. *American Journal of Public Health* 110 (11): 1615-1619.

Heilinger, J-C., S. Venkatapuram, M. Voss, and V. Wild. 2020. Bringing ethics into the global coronavirus response. The Hastings Center, June 22

Ho, A., and I. Dascalu. 2020. Global disparity and solidarity in a pandemic. *Hastings Center Report* 50 (3): 65-67.

Klugman, C. 2020. The cult of autonomy and why bioethics needs to become more communal. *Bioethics.net*, September 24

Martins, A. A. 2021. Global bioethics in a pandemic: A dialogical approach. Health Care Ethics USA

Ravitsky, V. 2020. Post-Covid bioethics. The Hastings Center, May 20;

Venkatapuram, S. 2020. Covid-19 and the global ethics freefall. The Hastings Center, March 19

## Dissatisfaction with mainstream bioethics

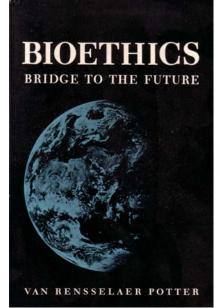
- narrow focus on individual autonomy rather than community, common good, solidarity, fairness, and vulnerability
- dominance of technocratic approach and utilitarian calculation (neglect of care)
- assumption that major conflict is between individual freedom and public health
- not inclusive and broad (neglect of inequities)

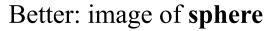
#### **Connectedness**

- Globalization: not primarily economic reality but a concrete and real-time experience
- Worldwide scope: everybody affected

The image of **globe:** no longer external

and abstract





- humans embedded in 'environing conditions'
- environment is not external setting but part of human lifeworld

atmosphere, biosphere, ecosphere, virosphere



## Different experience of 'connectedness'

## Images of 'globe' versus 'sphere'

World as new 'environment' but abstract;

Humanity not integrated into the world but separated

World as object of contemplation and reflection from outside

Looking (visualization)

Environment is lifeworld; concrete and practical

Human beings embedded and dependent on surrounding world

World as lived experience, perceived from inside

Listening; 'musique of the spheres'

#### <u>Differential vulnerability</u>

- Covid-19 does not affect everybody in the same manner and with the same severity
  - older people
  - people with underlying health conditions and disabilities
  - racial and ethnic minorities
  - poor and disadvantaged populations

#### Differential vulnerability

- Public health measures have unequal effects
  - neglect of elderly and nursing homes
  - many people not able to comply
  - older and disadvantaged populations doubly affected by treatment triage schedules

pandemic exacerbates existing inequalities in health and society

people made vulnerable to xenophobia, stigmatization and discrimination

little attention to vulnerability, solidarity and equity

#### Differential vulnerability

Example: global vaccine gap

Covid-19: relatively worst affected continent is <u>Latin America</u>

- 8% of the world population
- 20% of all global coronavirus cases
- 32% of all global deaths

Only 10% of population is fully vaccinated
July 2021: rapid rise of cases, almost all due to Lambda variant of virus
Most used vaccine is China's Corona Vac with poor efficacy

#### *Unexpectedness and unpreparedness*

In most countries the threat of Covid-19 came as a surprise

- previous lethal pandemics regarded as history
- idea that infectious diseases are conquered or can be controlled

Cultural bias: populations in less developed countries continuously threatened by infectious diseases

- In 2019, just before the Covid-19 pandemic, 409,000 people died from malaria and 1.4 million from tuberculosis
- In 2019, more people infected by malaria (229 million mostly in Africa) and 390 million by dengue (mostly in Asia) than by Covid-19 thus far (30 August 2021: 214.636 cases)

#### The surprise of Covid-19

# Early 2019: WHO list of ten threats to global health

- 1. air pollution and climate change
- 2. noncommunicable diseases
- 3. global influenza pandemic
- 4. fragile and vulnerable settings
- 5. antimicrobial resistance
- 6. Ebola and other high-threat pathogens
- 7. weak primary healthcare
- 8. vaccine hesitancy
- 9. dengue
- 10. HIV

#### Ten threats in 2018

- 1. Pandemic influenza
- 2. Health in conflict
- 3. Cholera
- 4. Diphtheria
- 5. Malaria
- 6. Natural disasters
- 7. Meningitis
- 8. Yellow fever
- 9. Malnutrition
- 10. Food poisoning

The experience with the coronavirus pandemic brought humanity back to its condition of connectedness

Many differences between past and present, but two basic realities are the same

- *Microorganisms*virosphere that surrounds humans and is within them human beings cannot survive without viruses
- *Human beings*humans have more knowledge but their behavior facing pandemics is the same policies only work when they are implemented by human beings
- Knowledge of pathogens and the etiology of diseases are not sufficient to control an epidemic
- A pandemic is not only a virological and medical event but a behavioral, social, and political one

## **Exceptionality**

#### <u>Intrinsic</u>

- some countries consider themselves 'special': well prepared; efficient policy approaches; excellent vaccination strategies
- some professions asking priority in treatment and vaccination



April 2020: Fauci said: we should stop handshaking

#### **Exceptionality**

#### **Extrinsic**

Emergency situations create special conditions in which the usual standards and practices no longer apply



ethical perspective should change, justifying actions that normally would not be acceptable

- confining citizens to their homes
- mandating testing
- crisis standards of care
- expediting scientific research
- deprioritizing older patients for mechanical ventilation
- speedy approval of vaccines



- Shifting the ethical debate from individual interests (mainstream bioethical emphasis on autonomy) to public interests
- Emphasis on efficiency: dominance of utilitarian framework



minor attention to vulnerability, justice, human dignity and human rights

## **Controllability**

## Predominance of war metaphor







The fight against the virus

#### **Controllability**

Hartmut Rosa (2020): Modern social existence is characterized by an "incessant desire to make the world engineerable, predictable, available, accessible, disposable (i.e. *verfügbar*) in all its aspects." We encounter the world as a "point of agression."

#### Four dimensions of controllability:

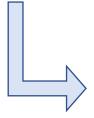
- Making the threat *visible*: identification of the virus and quantify its impact
- Making the threat *accessible*: diagnostic tests to follow how the virus spreads
- Making the threat *manageable*: public health measures and vaccines
- Making control *efficient*: digital surveillance, remote work and education, economic restructuring

## **Controllability**

#### **Problem:**

desire for control is intimately connected to <u>uncontrollability</u>

- \* reliance on science but human behavior is not fully predictable and manageable
- \* vaccines are quickly available but problems with production, distribution and deployment



Discourse of war and quest for control difficult to criticize without a broader ethical discourse

#### **Binarity**

Covid-19 has aggravated existing dichotomies and disparities: not everybody "in the same boat"

- health inequalities: socio-economic determinants of health accentuated
- treatment versus care
- intergenerational tensions
  - use of age as criterion for treatment and vaccination
  - policies of herd immunity
  - crude argument that older people are expendable for the greater good (mostly economic productivity)
  - argument of 'fair innings'
    - 'the elderly' regarded as homogenous and abstract group (frail, dependent, weak)
    - explicit age discrimination and ageism



Utilitarian focus on efficiency

- lack of personal care
- diminished concerns for equity, vulnerability and human dignity

Need of a broader, more inclusive and encompassing ethical perspective with larger set of ethical principles

#### Relationality

Human beings embedded within communities and dependent on other beings and the environing world.

- Autonomy as relational concept
- Authentic human being is being-together
  Gabriel Marcel: being human is being present and available to others
- Being situated in the world implies vulnerability; we cannot make ourselves immune to the world



Covid-19 has made relationships and relatedness problematic







Public health measures prevent human connections



- other people presented as threat
- relations and interactions may be lethal

But: human relationality cannot be annulled

- Physical problems
- Mental problems



- Physical distancing is not 'social' distancing
- Emergence of 'bubbles'
- Many other ways of communication and interaction

#### Individual versus common interests

Ideology of *individualism*:

- human beings are independent and self-reliant
- they choose their own values
- respect for autonomy means non-interference (negative freedom)

individual interests opposed to common interests

Public health measures should appeal to individual responsibility; interference with personal liberty is problematic.





#### Individual versus common interests



## Global bioethics perspective: false opposition

- personal autonomy is relational notion; not abstract and decontextualized
- values and beliefs not merely individual but conditioned by the social context
- human agents are socially entangled; their conduct cannot be explained by self-regarding rationality but by social rationality (*homo economicus* is a fiction
- autonomy intrinsically connected to social responsibility

#### Individual versus common interests

Covid illustrates that individual behavior affects well-being of the community

- masking: self-protection but also protection of other people against infection
- testing: identification of infected person but also warning sign to others
- vaccination: not only protection of individuals but society as a whole

Appeals to self-interest cannot be separated from concerns with the interests of others

Individual responsibility

- is connected to social responsibility
- demands creating the social, political and economic conditions for the exercise of responsible autonomy

#### **Solidarity**

- WHO: solidarity is first ethical principle (Covax; Solidarity Trial)
- UNESCO: "ethical duty to build solidarity and cooperation"
- European Group on Ethics in Science and New Technologies: solidarity as "social vaccine" against indifference and exclusion

Solidarity explained with the same arguments as relationality (all humans share the same needs, same destiny and same vulnerability)

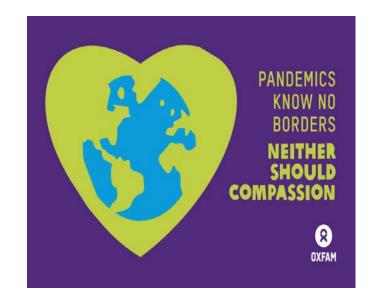


but not only theoretical notion: practical implications; translation into public action

#### The problem with solidarity

many manifestations at interpersonal and institutional levels but absence at global level

- scarcity of PPE and tests
- vaccine nationalism
- limited sharing of vaccines



#### Conditions for solidarity eroded in the past decades

- Global policies focused on economic interests (e.g. EU: no priority for health)
- Global institutions (WHO) systematically weakened (budget cuts; delegitimizing their work)
- Public health infrastructures reduced (health as primarily individual responsibility)
- International cooperation driven by neoliberal ideology of the free market (competition and commercialization)

#### Global bioethics is social ethics

Primary moral question is not: What should *I* do, but: What should *we* do?

- 1. Contemporary ethical problems have a global character: they are manifested at individual level but ethical discourse cannot be restricted to individual cases
- 2. Global bioethical problems are not addressable by individuals; they require cooperation and solidarity
- 3. Need for global governance demand search for and development of common perspectives as a basis for practical actions
- 4. Common perspectives require the articulation of ethical principles that transcend the point of view of individual moral agents
- 5. The sources and roots of global problems are specific processes of globalization that increase social inequalities and that favor competition rather than cooperation

## Covid-19 and global bioethics - Conclusions

- 1. Pandemic as opportunity to rethink globalization, global governance, public health and healthcare
  - new appreciation of the common good
  - new appreciation of the role of governments in protecting citizens (rebalancing market thinking)
- Expanding the scope of moral concern by applying the broader framework of global bioethics, attending especially to human dignity, vulnerability, equity, and solidarity