

# — Anáhuac educational model of integral formation – 2025

Integral formation places our students at the center of the educational process, promoting their potential and the full and harmonious development of all their abilities.



The Anáhuac 2025 Educational Model has been designed to fulfill the Anáhuac educational promise; that is, to offer a full education to our students encompassing the professional, intellectual, human, social, and spiritual dimensions, and prepare them to be leaders of positive action, willing to serve others, and to positively transform their environment.

It offers our students excellent academic education and the necessary support to guide their lives and the exercise of their profession in the search for their own and the common good and, at the same time, achieve an authentic personal, family, professional, and community fulfillment.

## Educational Goals of the Model

Our 10 Anáhuac educational goals seek to develop the following aspects in our students:

- 1 A vision of the human person based on their dignity and centrality. Every human being is a creature of God and is destined to attain his or her fullness in Jesus Christ. Because of their nature, they are capable of knowing the truth and freely seeking the good. The human person and her/his comprehensive good are the subject and the end of social life.
- 2 A profoundly human and social vision of profession and work, as means of personal development and service to family and society.
- 3 A healthy critical vision of the development of culture and society to become part of it with a constructive attitude.
- 4 An ultimate meaning of our own life, which leads us to give the right value to all temporal realities.
- 5 A deep conviction that human reason is capable of knowing reality, as a condition for every effort towards an objective, reasoned, and systematic search for truth.
- 6 A convinced knowledge and experience of one's faith, and a respectful vision of human religiosity.
- 7 A capacity for influence and leadership in family life, work structures, and one's socio-cultural environment.
- 8 A solid moral formation that serves as a guide in the exercise of the profession and all aspects of life.
- 9 Professional education of excellence, state-of-the-art, and high academic quality.
- 10 A capacity for respectful and truthful oral and written communication.



Our Educational Model emphasizes leadership of positive action, addressing the formation of five major dimensions:



**Professional formation**

- Academic excellence
- Accredited and recognized academic quality
- Faculty holding postgraduate degrees and extensive professional experience
- Up-to-date knowledge, skill, and ability to work
- Talent drive and personal commitment
- Capacity for transformation and development of society
- Innovation and entrepreneurial spirit
- Management vision and teamwork



**Intellectual formation**

- Capacity for analysis and synthesis
- Critical thinking
- Rigorous reasoning
- Balanced judgment
- Problem solving
- Decision making
- Broad and solid general knowledge
- Critical vision of social and cultural development



**Human formation**

- Dignity and focus on the person
- Development of a mature affectivity
- Capacity for socialization
- Formation of will, habits, and virtues
- Ethical values
- Dynamic creativity
- Capacity for communication and positive and responsible influence
- Spirit of giving and service



**Social formation**

- Deep sense of social responsibility
- Awareness and commitment to human rights
- Equity among people
- Inclusive perspective that favors the development of people with disabilities
- Solidarity and experience of charity
- Respect for the rules of social coexistence
- Health promotion
- Protection of the environment and natural surroundings



**Spiritual formation**

- Finding the personal dimension
- Appreciation for life
- Recognition of the person as a spiritual being
- Promotion of dialogue between faith and reason
- Formation of ethical and moral conscience
- Mature and committed experience of one's religious reality
- Finding the ultimate meaning of life
- Transcendent perspective





# Elements of the Educational Model



+ 550

National and international exchange options.



## Flexible Model

Each university proposes an ideal advancement plan for our students, who have the possibility of choosing the courses they will take in each semester and summer period according to the academic courses offered by their university.



## Weighing-up Semesters and Common Core

If the students have not yet decided which degree program to study, they can take one or two semesters in each School/Faculty's core undergraduate programs, which share a strong common core, and then decide whether to remain in that program considering the credits already achieved.



## University Professional Diploma Program: Minor

In the Professional Block, students must choose 24 credits of courses from another degree program to complement and broaden their professional training. Those courses might be integrated into a University Professional Diploma Program (Minor) or individual courses students can choose according to their interests, either from their academic division (Health, Social Sciences, Arts, Business, and Engineering) or from any other.



## Leadership and Entrepreneurial Tracks

Both tracks are dynamically intertwined. Through the Leadership Track, the students develop managerial and teamwork skills to create and manage social and/or productive projects. The Entrepreneurial Track enhances the students' self-management skills and their capacity to develop innovative ideas and sustainable projects.



## Complementary Courses

Within the Anáhuac and Interdisciplinary Blocks, students can choose courses designed from a multi- and interdisciplinary perspective that tackle current topics and problems. They aim at enhancing the student's soft skills. Students can also choose courses focused on their personal formation, leadership skills, the enhancement of knowledge, or courses of practical nature.



## Internships

All programs promote professional internships, covering at least 480 hours, with the idea that the student lives a work experience during his or her undergraduate studies. These internships may be carried out in public and/or private institutions or in projects proposed by the students themselves, resulting from their journey through the Leadership and Entrepreneurship Tracks.



## Digital competencies

During the bachelor's degree, students take at least five courses entirely online and make use of the educational technology available in their area of training, such as simulators, tools for design, printing, and manufacturing, virtual reality, etc. In this way, students develop self-management, self-learning, planning, and time management skills.



## Languages

All students must be proficient in English as a second language and must take at least five courses in English. Some degrees require proficiency in a third language. Each university has a Language Center and technological resources for language teaching.



## Mobility and transfer

Once the students have completed their first year at their university of origin, they have the possibility of continuing their studies at other universities belonging to the Anáhuac Network for up to two semesters and one summer at each one, depending on the programs and courses they offer.



## Student Exchange

The Anáhuac Network offers more than 550 international academic exchange options in 55 countries at world-class universities.



## International Double Degrees

The Anáhuac Network has several double degree agreements with foreign universities, for example, Coventry University, in Business, Universidad Francisco de Vitoria, in Architecture, Engineering, and Gastronomy, the European University of Rome, in Tourism, Francisco de Vitoria University, in Architecture.



## End-of-Program Evaluation

All Anáhuac graduates must pass the General Undergraduate Exit Exam (EGEL) of the National Evaluation Center for Higher Education (CENEVAL) in their professional area or a general end-of-program exam designed by Anáhuac University. To date, the results place the majority of the programs offered by the Anáhuac Network in the High Performance 1 and 1 Plus Register, with pass rates above 80% and with an increasing number of students who have obtained the National Excellence Award.



## University Life

Part of the global education is achieved through the complementary formation and university life. We want our university to be a privileged place to listen, accompany, discern, and form. Anáhuac University offers formative experiences that develop skills and competencies through curricular and extracurricular activities.



# Pedagogical Approach by Competencies

**Our approach by competencies focuses on three aspects:**

- Graduation profile
- Application of active methodologies to learning and evaluation
- Integration of theoretical knowledge and practice in professional contexts

## The 5 Anáhuac Competencies 2025

Anahuac’s training in each area of knowledge is achieved by developing 5 competencies in our graduate’s profile:

- 1

**Personal Development**

Students can critically reflect on the transcendent meaning of existence, based on their university education, to make accurate and ethical decisions that guide them in their comprehensive development.
- 2

**Communication skills**

Our students know how to use properly their mother tongue and a foreign language, as well as communication and information technologies to communicate effectively, freely, and responsibly.
- 3

**Critical thinking**

Our students research and evaluate, from an interdisciplinary and intercultural perspective, the phenomena of the professional and socio-cultural context to achieve a better understanding of reality.
- 4

**Professional competitiveness**

Our students foresee and/or solve problems using their knowledge, skills, attitudes, and values, within their profession, to contribute ethically to the transformation of reality in a globalized world.
- 5

**Leadership and Entrepreneurship**

Students design, manage and/or undertake professional projects, with a perspective of innovation, sustainability, and social responsibility, to contribute to the full development of people and the common good.



# Curricular Structure

The Anáhuac Educational Model offers an innovative approach that supports the formative process with tools and elements that encourage students to develop their ability to observe, learn and understand situations and contexts, collaborate with others, solve problems, develop ideas and projects, make decisions, and successfully enter the labor and business world. To this end, the Anáhuac 2025 Educational Model presents a curricular structure that seeks to train our students through three academic blocks:



		Total credits
Anáhuac Block It drives our students to learn more about their own nature and human condition.	Being a university student	6
	Anthropology Fundamentals	6
	Ethics	9
	Human individual and Transcendence	6
	Classical and contemporary humanism	6
	Leadership and personal development	3
	Leadership and high-performance teams	6
	Formative elective courses/Leadership Programs	12
Interdisciplinary Block It allows our students to learn more about various contexts and realities of today's world.	Social responsibility and sustainability	6
	Entrepreneurship skills	3
	Entrepreneurship and Innovation	6
	Elective interdisciplinary courses*	18
	Elective workshops	9
Professional Block It provides the elements for our students to develop the professional competencies needed in their field of study, which will help them become agents of change in the working and business world.	<div><div></div><div>Professional courses</div></div> <div><div></div><div>Regional courses</div></div> <div><div></div><div>Integrating courses</div></div> <div><div></div><div>Internship</div></div>	240
	University formation 1 and 2	6
	University Professional Diploma (Minor) or professionalizing elective courses	24
		366

NOTE: The number of credits is variable per degree. This is only an example. To know the number of credits for a bachelor's degree it is necessary to check the corresponding curriculum.

## Complementary courses:

**Interdisciplinary courses**  
In the Interdisciplinary Block, the student must choose 18 credits of courses designed from a multi and interdisciplinary perspective that address current issues and problems. These courses aim at enhancing the student’s soft skills.

**Elective courses and workshops**  
In the Anáhuac Block, the student must choose 12 credits of courses of a personal and leadership formative nature. In the Interdisciplinary Block, students must also choose 9 credits of art, culture, sports, social action, and leadership workshops, all of which have curricular value.

**Integrative courses**  
In each undergraduate program, there are at least two courses of knowledge integration or applied nature, which allow the achievement of the professional profile of each program.



# Educational and Technological Innovation

At Anáhuac University, technology complements the teaching and learning process.

All our community members have a **@anahuac.mx** e-mail address to get access to several benefits.

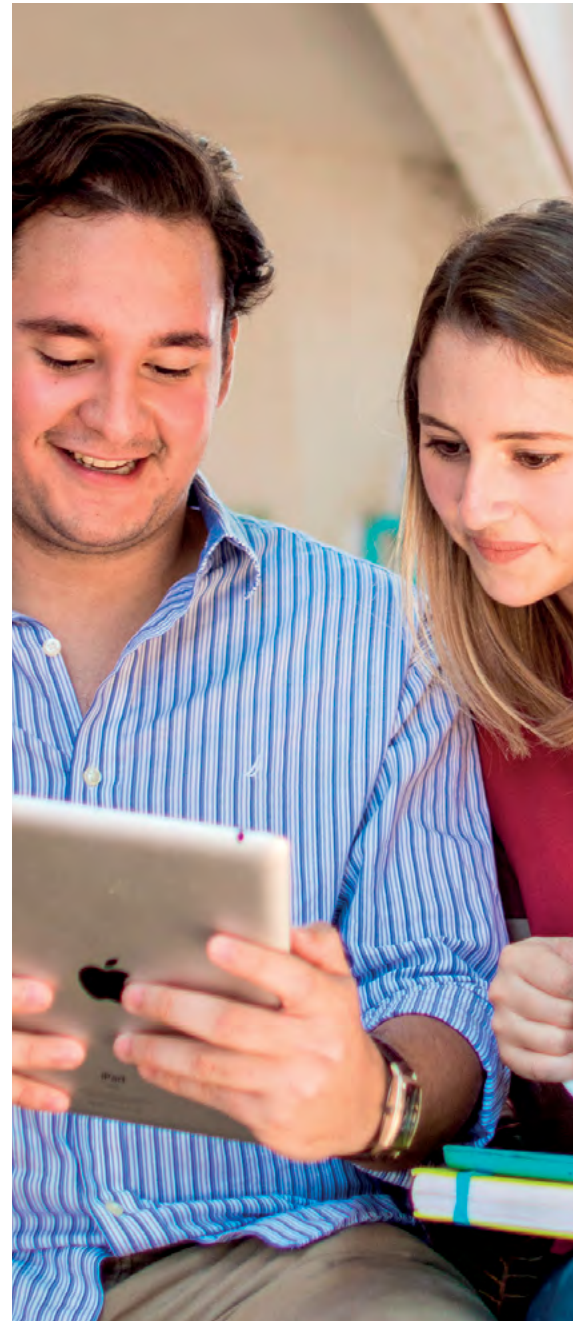
## Office 365

The students will be able to download and use all Microsoft Office tools such as Outlook, One Drive, Teams, Word, Excel, PowerPoint, One Note, Sway, Forms, SharePoint, and many more.

## IBM Academic Initiative Program

This program allows our students to use the IBM Cloud and take full advantage of enterprise-level software and courses in nine innovative technologies necessary for an increasingly competitive professional world:

- Infrastructure, Power servers
- Artificial Intelligence with Watson
- IBM Cloud
- Data Science
- Cybersecurity
- Blockchain
- Quantum computing
- IBM Z, for mainframes
- IBM Engineering, software lifecycle



## Amazon Web Services Educate

A comprehensive service to find content and programs designed to develop skills related to the management and development of the cloud, awards, certifications, micro-credentials such as badges and certificates that complement the students' academic and professional training.



361  
Hybrid classrooms

## Hybrid Classrooms

We have more than 360 classrooms equipped with high-resolution cameras and spatial microphones that allow live transmission of face-to-face classes with students in the classroom while others take the course from home.

To ensure a quality educational experience, we have **Zoom** and **Microsoft Teams** licenses that guarantee security in all remote classes.

## Digital Databases

The Anáhuac Universities Network has access to more than 60 digital databases with millions of books, articles, journals, reports, study guides, encyclopedias, and more, as a complement to academic training.

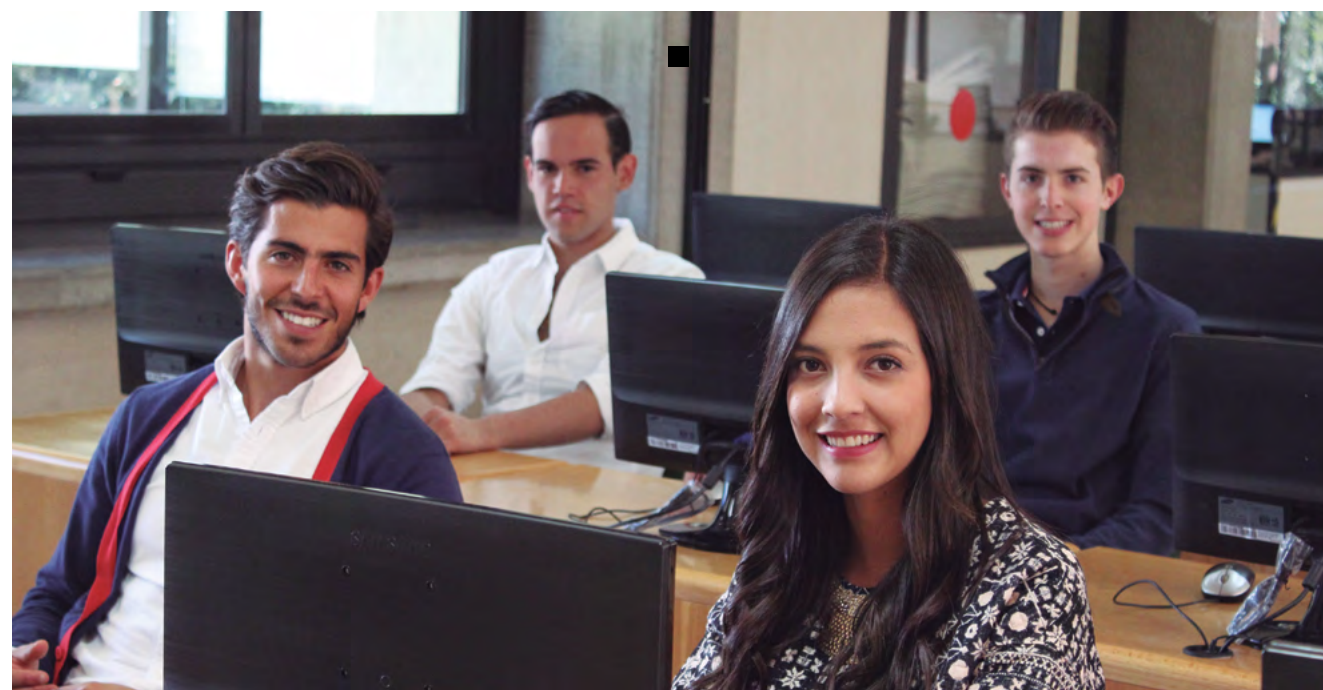
Among the most important are:

- Science Direct
- ProQuest
- Ebsco Host
- E-Libro
- Springer
- Scopus
- Mc Graw Hill
- Pearson
- Clinical Key
- VLex
- Up to date



# Digital competencies

All Anáhuac undergraduate students develop **digital competencies** through learning paths specifically designed for their professional area; students will learn and master different tools and specialized software to perform their professional work.



We have established different agreements and alliances that allow our students to obtain certifications with curricular value, among which are: Office 365, IBM, AWS, SAP (HANA certification), Adobe, and others.

## Professional online courses

We have a robust, state-of-the-art platform for online learning management (Brightspace), which offers different functionalities, such as:

- **Academic Content:** Where you can find topics and subtopics exclusive to each course.
- **Organizational Calendar:** Through which professors publish deadlines for homework and assignments, and their evaluations.
- **Activities:** Designed to reinforce interactively what was learned in class.
- **Forums:** Spaces for collaborative learning.
- **Multimedia content:** Videos, infographics, web pages as a support to the courses.
- **Evaluations and surveys:** Within the platform, you can answer from a diagnostic exam to the final exam.
- **Grades and awards:** Students can review and share badges and certificates awarded by teachers based on merit and the performance observed in their classes and projects.

The Anáhuac 2025 educational model allows our undergraduate students to take at least five courses completely online before graduating to develop skills such as:

Commitment

Time management

Motivation

Responsibility

Self-management

Resilience

Technological skills



## Academic development and research

### Accredited academic quality

- All the universities in the Anáhuac Network are in Group 3 of the SEP's Institutional Improvement Program, which is the highest level of quality recognition granted by this office.
- They are also accredited by the Federation of Mexican Private Higher Education Institutions (FIMPES).
- Our undergraduate programs are accredited by their respective accrediting body (COPAES or CIEES).
- We also have several accreditations from internationally recognized organizations, both at the school and faculty level as well as academic programs, e.g. ABET, OMT, etc.

### @prende

Our face-to-face undergraduate model is supported by various technological resources for learning, including semi- and fully online courses that promote the development of the competencies necessary for continuous updating.

### Research Chairs

Thanks to the support of companies, families, and foundations, we have more than 30 research chairs through which our professors and researchers specializing in various fields of scientific and technological knowledge generate and disseminate knowledge focused on solving current problems of the productive sector and society.

### Le Cordon Bleu

Our programs in the tourism-gastronomy area incorporate the global vision, experience, and prestige of *Le Cordon Bleu* International, which endorses and certifies the studies carried

### Publications

Our universities carry out permanent dissemination of the knowledge resulting from research, aimed at both the university community and the general public, as well as the academic, scientific, and technological fields, through specialized national and international publications.



## University Life

The university life that characterizes the experience of integral formation of our students, both inside and outside the classroom, offers spaces, moments, and opportunities to listen, accompany and form.

