

COURSES

1 st semester	2 nd semester	3 rd semester	4 th semester	5 th semester	6 th semester	7 th semester	8 th semester
Biostatistics 6c	General Physiology 9c	Pathophysiology 6c	Evidence-based health information systems 3c	Health Research Methodology 3c	Nutrition of Adults in Special Conditions 9c	Population and Nutrition 9c	Public Policies on Food 6c
Nutritional Science 6c	Epidemiology and Public Health 9c	Nutrition of the Healthy Individual 9c	Assessment of Nutritional Status II 7c	Nutrition of Children in Special Conditions 9c	Psychology of Nutrition 6c	Nutrition Education 6c	Food Economy 6c
Growth and Development 6c	Diet Calculation 6c	Assessment of Nutritional Status I 6c	Nutrigenomics and Metabolomics 6c	Artificial Nutrition 6c	Functional Food 6c	Food Services Management 6c	Quality and Safety of the Patient in Health Science 6c
Anatomy 9c	Anatomy and Physiology of the Digestive System 6c	Biochemistry of the nutrition 9c	Pharmacutrition 6c	Entrepreneurship and Innovation 6c	Food Legislation 3c	Management of Health Services 3c	Practicum Specialized Integrated Nutrition 6c
Organic Chemistry 6c	Biochemistry 9c	Food Analysis 9c	Food Selection and Preservation 6c	Menu Planning and Design 6c	Social Responsibility and Sustainability 6c	Practicum Integrated Nutrition for Adults with Pathologies 6c	Professional Elective IV 6c
Cellular Biology 6c	Bromatology 7c	Food Preparation 6c	Diet Therapy 9c	Practicum Integrated Nutrition for Healthy Children 6c	Practicum Integrated Nutrition for Children with Pathologies 9c	Professional Elective iii 6c	General Elective ii 6c
Being University Student 6c	Food Microbiology 7c	Toxicology 6c	Nutritionist-Patient Communication 3c	Professional Elective I 6c	Practicum Integrated Nutrition for Healthy Adults 6c	General Elective I 6c	Leadership 6c
	Person and Meaning of Life 6c	Workshop or Activity I 3c	Workshop or Activity II 3c	Workshop or Activity III 3c	Professional Elective II 6c		
		Ethics 9c	Person and Transcendence 6c	Classical and Contemporary Humanism 9c			

C= Credits

310 Professional Block credits 42 Anáhuac Block credits 45 Elective Block credits = 397 total credits

*This reference plan is a suggestion of the order in which you can take the subjects; however, you can make the necessary adjustments to best fit your study plans. In its design, the faculty considered the complexity and progression of the subjects' contents.