Enroll now and start living the Anáhuac experience
Overcome evil with good
This is our motto and the synthesis of our educational philosophy, taken from St. Paul’s letter to the Romans (12:21).

History
Anáhuac University was founded in 1964 with the ultimate objective of improving the human and social condition of Mexican and international men and women.

Since the foundation of this first university, the commitment to the global education of an ever-increasing number of young university students kept thriving, driving the establishment or integration of the institutions that are now part of the Anáhuac University Network.

Anáhuac University Network
The member institutions of the Anáhuac University Network members are Catholic institutions of secondary and higher education, driven and mentored by the Legion of Christ and the Regnum Christi Movement. As academic communities, these institutions are always pursuing truth and goodness in all aspects of life and share the Anáhuac educational model of integral formation.

Mission
To contribute to the integral formation of leaders of positive action and to promote the development of the person and the society across the institution, inspired by the values of Christian humanism.
We are part of an International Network that includes eight Universities in Mexico, one in Spain, two in Italy, one in Chile, and one in the United States, in addition to the John Paul II Pontifical Theological Institute.
Our 10 learning objectives are meant to develop the following aspects in our students:

1. An approach to the human person based on their dignity and centrality. Every human being is a creature of God and is destined to attain their fullness in Jesus Christ. By nature, the human being is capable of knowing the truth and freely seeking the good. The human person and integral good are the aim and the purpose of social life.

2. A profoundly human and social approach of their profession and work, as means for personal development, as well as service to their family and society.

3. A healthy critical approach to the development of culture and society to become part of it with a constructive attitude.

4. An ultimately meaningful approach to their own life, leading them to give the right value to all temporary realities.

5. A deep conviction that human reason is capable of knowing the reality as a condition for every effort towards an objective, reasoned, and systematic search for truth.

6. A convinced knowledge and experience of their own faith, and a respectful approach to human religiosity.

7. A capacity of influence and leadership in family life, work structures, and their own socio-cultural environment.

8. A solid moral education serving as guidance in the practice of their profession as well as in all aspects of life.


10. A capacity for respectful and truthful oral and written communication.

The 2025 Anáhuac Educational Model has been designed to fulfill the Anáhuac educational promise. That is, to offer an integral formation to our students encompassing the professional, intellectual, human, social, and spiritual dimensions, as well as to prepare them to be leaders of positive action, willing to serve others, and to positively transform their environment.

It offers our students excellent academic education and the support necessary to guide their lives and the practice of their profession in the search for their own and the common good, and, at the same time, achieve an authentic personal, family, professional, and community fulfillment.
Our Educational Model makes emphasis on leadership of positive action, addressing education and formation on five major dimensions:

**Professional education**
- Academic excellence
- Accredited and recognized academic quality
- Faculty holding graduate degrees and extensive professional experience
- Up-to-date knowledge, expertise, and ability to work
- Talent encouragement and personal commitment
- Ability to transform and develop the society
- Innovation and entrepreneurial spirit
- Management approach and teamwork

**Intellectual education**
- Analysis and synthesis skills
- Critical thinking
- Rigorous reasoning
- Balanced judgement
- Problem solving
- Decision making
- Broad and solid general knowledge
- Critical approach to social and cultural development

**Human education**
- Dignity and centrality of the person
- Development of a mature affectivity
- Social abilities
- Formation of will, habits, and virtues
- Ethical values
- Dynamic creativity
- Communication skills and positive and responsible influence
- Spirit of giving and service

**Social education**
- Profound sense of social responsibility
- Awareness and commitment to human rights
- Equity among people
- Inclusive approach, favoring the development of people with disabilities
- Solidarity and experience of charity
- Respect for the rules of social coexistence
- Health promotion
- Protection of the environment and natural surroundings

**Spiritual education**
- Realization of the personal dimension
- Appreciation of life
- Acknowledgement of the person as a spiritual being
- Promotion of dialog between faith and reason
- Formation of ethical and moral conscience
- Mature and committed experience of their own religious reality
- Finding the ultimate meaning of life
- Transcendent perspective
Elements of the Educational Model

**Flexibility**
Each university proposes an ideal advancement plan for our students, who have the possibility of choosing the courses they will take in each semester and summer term according to the academic courses offered by their university.

**Leadership and Entrepreneurial Tracks**
Both tracks are dynamically intertwined. Through the Leadership Track, students develop managerial and teamwork skills to create and manage social and/or productive projects. On the other hand, the Entrepreneurial Track enhances their self-management skills and their ability to develop innovative ideas and sustainable projects.

**Complementary Courses**
Within the Anáhuac and the Interdisciplinary Streams, students can choose courses designed from a multi- and interdisciplinary approach to tackle current topics and problems. These courses aim at enhancing their soft skills. Students can also choose courses focused on their personal formation, leadership skills, the enhancement of knowledge, or courses of practical nature.

**Internships**
All programs promote professional internships, covering at least 450 hours, with the aim of gaining first-hand professional experience during their undergraduate studies. These internships may be carried out in public and/or private institutions or in projects proposed by the students themselves, resulting from their journey through the Leadership and Entrepreneurship Tracks.

**Digital competencies**
During their bachelor’s degree, students take at least five courses entirely online and make use of the educational technology available in their area of training, such as simulators, design tools, printing, and fabrication, virtual reality, etc. In this way, students develop self-management, self-learning, planning, and time management skills.

**Languages**
All students must be proficient in English as a second language and must take at least five courses in English. Some degrees require proficiency in a third language. Each University has a Language Center and technological resources for language teaching.

**Mobility and transfer**
Once they have completed their first year at their university of origin, students have the possibility of continuing their studies at other universities within the Anahuac Network for up to two semesters and one summer term at each one, depending on the programs and courses offered.

**University Life**
Part of their integral formation is achieved through complementary education and university life. We want our University to be a haven to listen, accompany, discern, and educate. Anáhuac University offers formative experiences to develop skills and competencies through curricular and extracurricular activities.

**International Double Degrees**
The Anáhuac Network has several double-degree agreements with foreign universities. An example is Business with Coventry University, Architecture, Engineering, and Gastronomy with Francisco de Vitoria University, Tourism with the European University of Rome.

**General Graduation Exam**
All Anáhuac graduates must pass the General Graduation Exam (EGEL in Spanish) by the National Evaluation Center for Higher Education (CENEVAL in Spanish) in their professional area, when applicable. Otherwise, there is a general graduation exam designed by Anahuac University. To date, the results place the majority of the programs offered by the Anahuac Network in the High Performance 1 and 1 Plus Register, with pass rates above 80% and with an increasing number of students obtaining the National Excellence Award.

**Student Exchange**
The Anáhuac Network offers over 550 international academic exchange options in 55 countries at world-class universities.
Pedagogical Approach by Competencies

Our competencies approach focuses on three aspects:
• Graduation profile
• Application of active methodologies for learning and evaluation
• Integration of theoretical knowledge and practice in professional contexts

The Five 2025 Anahuac Competencies
Anahuac’s training in each area of knowledge is achieved by developing 5 competencies in our graduate’s profile:

1. **Personal Development**
   - Our students can critically reflect on the transcendental meaning of existence, based on their university education, to make accurate and ethical decisions that guide them in their comprehensive development.

2. **Communication Skills**
   - Our students make proper use of both their mother tongue and a foreign language, as well as communication and information technology to communicate effectively, freely, and responsibly.

3. **Critical Thinking**
   - Our students research and assess, from an interdisciplinary and intercultural perspective, the different phenomena in the professional and socio-cultural context to achieve a better understanding of reality.

4. **Professional Competitiveness**
   - Our students foresee and/or solve problems within their profession, using their knowledge, skills, attitudes, and values, to make an ethical contribution to the transformation of reality in a globalized world.

5. **Leadership and Entrepreneurship**
   - Our students design, manage and/or undertake professional projects, with an innovative, sustainable, and socially responsible approach, to contribute to the comprehensive development of people and the common good.

Curricular Structure

The Anáhuac Educational Model offers an innovative approach that supports the formative process with tools and elements that encourage students to develop their ability to observe, learn and understand different situations and contexts, collaborate with others, solve problems, develop ideas and projects, make decisions, and successfully enter the labor and business world. To this end, the 2025 Anáhuac Educational Model presents a curricular structure that aims at training our students through three academic streams:

**Anáhuac Stream**
- Being a university student
- Fundamental Anthropology
- Ethics
- Person and Transcendence
- Classical and contemporary humanism
- Leadership and Personal Development
- Leadership and high-performance teams
- Elective Formative Courses/Leadership Programs

**Interdisciplinary Stream**
- Social Responsibility and Sustainability
- Entrepreneurship and Innovation
- Interdisciplinary Elective Courses
- Elective Workshops

**Professional Stream**
- Professional Courses
- Regional courses
- Integrating courses
- Internship
- University Instruction 1 and 2
- University Professional Diploma (Minor) or Professional Elective Courses

**Complementary Courses:**
- **Interdisciplinary Courses**
  - In the Interdisciplinary Stream, students must choose 18 credits from courses designed from a multi- and interdisciplinary perspective to address current issues and problems. These courses aim at enhancing students’ soft skills.

- **Elective Courses and Workshops**
  - In the Anáhuac Stream, students must choose 12 credits of courses of a personal and leadership formative nature.
  - In the Interdisciplinary Stream, students must also choose 9 credits of art, culture, sports, social action, or leadership workshops, all of which have curricular value.

- **Integrative Courses**
  - In each undergraduate program, there are at least two courses of knowledge integration or applicative nature, to achieve the professional profile of each program.

**Anahuac Stream**
This stream encourages self-knowledge among our students to learn more about their own nature and human condition.

**Interdisciplinary Stream**
This stream allows our students to learn more about various contexts and realities of today’s world.

**Professional Stream**
This stream provides the elements for our students to develop professional competencies, needed in their field of study. This will help them become agents of change in the working and business world.

**Total credits**
- Anahuac Stream: 54
- Interdisciplinary Stream: 42
- Professional Stream: 270

**NOTE:** The number of credits may vary depending on the degree. This is only an example. To know the number of credits for a given program, please review the corresponding syllabus.
Hybrid Classrooms

We have more than 360 classrooms equipped with high-resolution cameras and spatial microphones allowing live streaming of in-class activities with part of the students in the classroom while another part takes the course remotely.

To ensure a quality educational experience, we have Zoom and Microsoft Teams licenses that guarantee security in all remote classes.

Digital Databases

The Anáhuac University Network has access to more than 60 digital databases with millions of books, papers, journals, reports, study guides, encyclopedias, and more, to complement the academic training of our students.

Among the most relevant are:

• Science Direct
• ProQuest
• Ebsco Host
• E-Libro
• Springer
• Scopus
• McGraw Hill
• Pearson
• Clinical Key
• VLex

IBM Academic Initiative Program

This program allows our students to use the IBM Cloud and take full advantage of enterprise-level software and courses in nine innovative technologies necessary for an increasingly competitive professional world:

• Infrastructure, Power Systems Servers
• IBM Watson for artificial intelligence
• IBM Cloud
• Data Science
• Cybersecurity
• Blockchain
• Quantum computing
• IBM i
• IBM Engineering lifecycle management

Amazon Web Services Educate

A comprehensive service to find content and programs designed to develop skills related to the management and development of the cloud, awards, certifications, micro-credentials such as badges and certificates that complement the students' academic and professional training.

Office 365

The students will be able to download and use all Microsoft Office tools such as Outlook, One Drive, Teams, Word, Excel, PowerPoint, One Note, Sway, Forms, SharePoint, and many more.

Educational and Technological Innovation

At Anáhuac University, technology complements the teaching and learning process.

All our community members have a @anahuac.mx e-mail account to get access to several benefits.
Digital competencies

All Anáhuac undergraduate students develop digital competencies through learning paths specifically designed for their professional area. Students will learn and master different tools and specialized software to perform their professional work.

We have established different agreements and alliances for our students to obtain certifications with curricular value, including Office 365, IBM, AWS, SAP (HANA certification), Adobe, among others.

Professional online courses

We have a robust, state-of-the-art platform for online learning management (Brightspace), which offers different functionalities, such as:

- **Academic Content**: Where you can find topics and subtopics exclusive to each course.
- **Calendar**: Section where instructors publish deadlines for homework, assignments, and their evaluations.
- **Activities**: Section designed for an interactive reinforcement of what was learned in class.
- **Forums**: Section dedicated to collaborative learning.
- **Multimedia content**: Section where you will find videos, infographics, websites that can be used as learning aids.
- **Evaluations and surveys**: Section where you can answer different evaluations, from a diagnostic exam to the final exam.
- **Grades and awards**: Section where students can review and share badges and certificates awarded by teachers based on merit and the performance observed in their classes and projects.

The 2025 Anáhuac educational model encourages our undergraduate students to take at least five courses completely online before graduating to develop skills such as:

- Commitment
- Time management
- Motivation
- Responsibility
- Self-management
- Resilience
- Technological skills
Academic development and research

Accredited academic quality
- All Anáhuac Network universities are in Group 3 of the Institutional Improvement Program by the Mexican Ministry of Public Education (SEP in Spanish). This is the highest level of quality recognition granted by this office.
- These universities are also accredited by the Federation of Private Mexican Higher Education Institutions (FIMPES).
- Our undergraduate programs are accredited by their corresponding accrediting body. For example, the Council on Higher Education Accreditation (COPAES in Spanish) or the Inter-Institutional Committees for Higher Education Assessment (CIEES in Spanish).
- Our programs have also been accredited by internationally recognized organizations, both at School and program level. Those organizations include the Accreditation Board for Engineering and Technology (ABET), UNWTO, among others.

Research Chairs
Thanks to the support of companies, families, and foundations, we have more than 30 research chairs through which our faculty and researchers specializing in various fields of scientific and technological knowledge generate and disseminate knowledge focused on solving current problems in the productive sector and society.

Publications
Our universities carry out permanent dissemination of the knowledge resulting from research. This is aimed at the university community and the general public, as well as the academic, scientific, and technological fields, through specialized national and international publications.

Le Cordon Bleu
Our tourism-gastronomy programs embody the global vision, experience, and prestige of Le Cordon Bleu International, which endorses and certifies said studies.

University Life
The university life that characterizes the integral formation experience of our students—both inside and outside the classroom—offers spaces, moments, and opportunities to listen, accompany and educate them.
University Life

Student relations
Our students share and promote the ideal of educating leaders of positive action. Their capacity to take initiative and show commitment reaches its full potential by integrating their talents into organized student initiatives:

- Student Societies by program or School
- Student Societies Federation (FESAL in Spanish)
- Anáhuac Out-of-state Student Association (ADEFA in Spanish)

Anáhuac Leadership and Excellence Programs
In response to the personal and professional interests and vocations of our students, as well as to their needs and expectations, Anáhuac University offers various leadership and excellence programs.

These programs favor our students’ personal and professional development, while promoting the interaction between students from different majors and the promotion of initiatives to serve others:

1. ACCIÓN: Sports Leadership Program
2. ALPHA: Medical Leadership Program
3. CIMA: University Leadership Program
4. CREA: Communication Leadership Program
5. CULMEN: Arts and Culture Leadership Program
6. GENERA: Business Leadership Program
7. IMPULSA: Social Commitment Leadership Program
8. SINERGIA: Public Administration Leadership Program
9. INNOVA: Innovation Leadership Program
10. VÉRTICE: Anáhuac Excellence Program

Social Commitment
Anáhuac University Social Action (ASUA in Spanish) is a student organization that promotes the development of a genuine social awareness, based on universal values. This organization also encourages student leadership to improve the living conditions of people with material, human or spiritual needs, thus enriching integral formation of our students and generating true leaders of positive action.

Arts, Culture, and Sports
Integral formation and university life are greatly enriched through our students' experience in activities, projects, and events aimed at the practice, promotion, and dissemination of art, culture, and sports by means of various events involving the entire university community.

University Pastoral Care
The university pastoral department offers spiritual care through different personal and community activities and programs. It aims at raising awareness about the transcendental reality of every person in the search for the ultimate meaning of their life, as well as on the commitment to our neighbors, especially those most in need. It also strives for the development of the person through the mission and service offered by means of various apostolates and activities.

In our universities, we promote a favorable environment for the convinced experience of our faith, in a respectful and fruitful dialog with science and other religious traditions, which coexist in harmony and unity under the common purpose of the search for truth and goodness.

Health
It seeks the well-being of the members of the university community members, considering the physical, emotional, social, and spiritual dimensions of each person, in the face of situations that jeopardize their overall and harmonious development (obesity, sedentary lifestyle, eating disorders, addictions, violence, safety, among other situations) and proposes strategies and/or means for a healthy lifestyle.

Accompaniment
Set of personal meetings, actions, and processes that promote and/or facilitate personal development through self-knowledge and self-management. It is through accompaniment that we offer a concrete means for a sound university experience, as well as a way to discover and/or grow towards one’s vocational fulfillment with a sense of community. We have different accompaniment options for our students.
Anáhuac Online

The Anáhuac University Network offers flexible online programs such as specializations, master’s degrees, and diploma courses with the highest academic quality and on the most cutting-edge topics.

John Paul II Pontifical Theological Institute for Marriage and Family Sciences (IJPII in Spanish)

- Bachelor of Arts in Human and Family Development
- Master’s Degree in Family Sciences (online)
- Master’s Degree in Family Sciences for Consultancy
- Master’s Degree in Couple Psychotherapy
- Diplomas and courses in various family topics.

Venues of the Institute:
- Mexico City*, State of Mexico*, Monterrey,
- Guadalajara*, Puebla*, Leon, Queretaro*,
- Merida*, Cancun*, Xalapa* and Oaxaca*.

Graduate programs

The Anáhuac Network offers more than 160 graduate programs (51 specializations, 92 master’s degrees, and 26 doctorates) in the following areas:

- Actuarial Science and Mathematics
- Public Administration
- Architecture
- Bioethics
- Health Sciences (Medicine, Nutrition, Odontology)
- Communication and Marketing
- Law
- Design
- Business and Economics
- Education
- Family
- Culture, Philosophy, History, and Humanities
- Engineering
- Leadership
- Psychology
- International Relations
- Social Responsibility
- Tourism

Continuing education programs

More than 300 in-class and online diploma courses, seminars, and courses offered at our universities, online classrooms, through internet or at companies and institutions, in the following areas:

Professional Refresher Training

- Finance and Administration
- Planning and Marketing
- Communications
- Legal - Corporate - Tax
- Public Administration
- Institutional Development
- Tourism and Gastronomy
- Engineering and Exact Sciences
- Social Responsibility

Humanities

- Education
- Psychology and Psychopedagogy
- Human Development
- Art and Culture
- Bioethics
- Philosophy
- History
- Literature

147+ Graduate programs
23.1% of presidents of the companies listed on the Mexican Stock Exchange are Anáhuac University alumni. This is the highest percentage for any university in Mexico*.

17.5% directors of companies listed on the Mexican Stock Exchange are Anáhuac University alumni.

*Source: El Financiero, August 2015.

Anáhuac University’s alumni make up an essential community for our institution since it is through them that our mission is fulfilled.

Since the first classes, our alumni have stood out for their capacity in the creation, development, and management of companies, as well as for holding leadership positions in public and private institutions and organizations at national and international level. They have been leaders of positive action, consequently having a significant impact on their surrounding environment, especially favoring people and communities with the greatest needs.

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Alumni who are making significant contributions in various professional and productive fields.

+100,000

Alumni who are making significant contributions in various professional and productive fields.

31

Anáhuac alumni were included at Líderes Mexicanos magazine among the 300 most influential people in Mexico.

CARLOS SLIM DOMIT
Chairman of the Board of Telmex

ANA VICTORIA GARCÍA
Victoria 147’s founder and CEO

XAVIER LÓPEZ ANCONA
Kidzania’s President

JONATHAN HEATH
Deputy Governor of Bank of Mexico (Banxico)
Sorteo Anáhuac

The Anáhuac Draw (Sorteo Anáhuac) is a growing and dynamic initiative with broad participation. It gives university community members, as well as our friends and benefactors, the opportunity to join the effort and enthusiasm in favor of our ambitious student scholarship program, the consolidation of our world-class academic quality, and the development of our universities’ infrastructure.

Scholarships and student loans

Scholarships and educational credit are a gateway to international quality education. In the Anáhuac Universities Network, we have an extensive scholarship and educational credit program that encourages a large number of young people and allows them to pursue their professional studies at the highest level.

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Anáhuac Performance

2 %
Anáhuac University is among the top 2% best universities worldwide.

380
Students recognized with the CENEVAL Award for excellence in EGEL performance: 79% of all students awarded nationwide.

+ 38,283
Undergraduate, graduate, and extension students.

+ 5,000
Faculty members and researchers.

+ 24,000
Patients attended annually in medical and dental brigades.

+ 25
Students represented Mexico at the last Olympic Games.

We are leaders of positive action